



A loosening of lockdown....

I think I can safely say that we were all relieved when Mauritius' strict lockdown, which had been in place since 20th March, was lifted at midnight on Saturday, May 30. Happily, this opening-up came just in time for many families to celebrate Mother's Day on Sunday the 31st.

The lifting of the 'health curfew' (as lockdown was official known) means most of our previous day-to-day activities can resume, although there are certain restrictions. In his message Prime Minister Pravind Jugnauth announced an end to the alphabetical outing system employed during the lockdown; also that people may now venture out without Work Access Permits. Supermarkets and shops will be allowed to operate normally. Places of worship may reopen. Shopping malls, restaurants, cafes and markets can also operate but there will be specific "sanitary conditions" required of them. However, beaches, nightclubs and cinemas will remain closed as will our borders.

We may now be able to go out but there are still official restrictions and common-sense recommendations for staying safe including:

- The wearing of masks in public is mandatory
- Social distancing is still recommended
- Large meetings should be avoided



Our members continued to bring joy to other members throughout the month of June by sharing beautiful images from their gardens..



A very happy birthday to all those June babies amongst us. Hopefully, we will soon be able to celebrate together again.

WE DO NOT YET HAVE DATES FOR YOUR DIARY BUT WE HOPE TO BE ABLE TO RESUME OUR MEETINGS SOON

Happy Mothers Day

motherhood
IS A LOVE STORY WITH NO ENDING.

COVID 19 STATISTICS

All stats from WHO valid as at May 30, 2020

MAURITIUS

Confirmed cases = 335
Number of deaths = 10
Recoveries = 322
Active cases = 3 (imported)

GLOBAL

Confirmed cases = 5,817,385
Number of deaths = 362,705

EUROPE

Confirmed cases = 2,122,350
Number of deaths = 179,353

SE ASIA

Confirmed cases = 249,525
Number of deaths = 7,157

AFRICA

Confirmed cases = 96,902
Number of deaths = 3,973

...sharing the lessons and the fun....

... PANDEMIC POEM by PAM AYRES.

I received this poem in an email from an old friend and thought I would share it with my new friends here in Mauritius. Hope you enjoy it as much as I did...

*I'm normally a social girl
I love to meet my mates
But lately with the virus here
We can't go out the gates.
You see, we are the 'oldies' now
We need to stay inside
If they haven't seen us for a while
They'll think we've upped and died.
They'll never know the things we
did before we got this old
There wasn't any Facebook
So not everything was told.
We may seem sweet old ladies
Who would never be uncouth
But we grew up in the 60s -
If you only knew the truth !
There was sex and drugs and rock
'n roll. The pill and miniskirts*

*We smoked, we drank, we partied
And were quite outrageous flirts.
Then we settled down, got married
And turned into someone's mum,
Somebody's wife, then nana, Who on
earth did we become ?
We didn't mind the change of pace
Because our lives were full
But to bury us before we're dead
Is like a red rag to a bull !
So here you find me stuck inside
For 8 weeks, maybe more
I finally found myself again
Then I had to close the door !
It didn't really bother me
I'd while away the hour
I'd bake for all the family
But I've got no flaming flour !*

*Now Netflix is just wonderful
I like a gutsy thriller
I'm swooning over Idris
Or some random sexy killer.
At least I've got a stash of booze
For when I'm being idle
There's wine and whiskey, even
gin If I'm feeling suicidal !
So let's all drink to lockdown
To recovery and health
And hope this awful virus
Doesn't decimate our wealth.
We'll all get through the crisis
And be back to join our mates
Just hoping I'm not far too wide
To fit through the flaming gates !*



fb/BeHumanBeKind

Corona has proved that everything around us is so temporary. Things our lives revolved around.. work, gym, malls, movies, society have all gone for a toss as we are learning to live without them. It has taught us that in the end, it's your own home and family that keeps you safe.

**IMAGES
EXTRACTED FROM
OUR WHATSAPP
GROUP MESSAGES
DURING JUNE.**

**THANK YOU
LADIES FOR
YOUR
CONTINUING
TO SHARE.**

BREAKING NEWS

Wearing a mask inside your home is now highly recommended. Not so much to prevent Covid-19 but to stop eating.



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