



DATES FOR YOUR DIARY

DRESSING IT UP...



“we first eat with our eyes”
@scottscookin - tel 58594072

We all like to be stylish...

But how many of us think about styling food. Without a doubt, food feels more special and seems to taste better when it is well presented. But most of us feel that the intricate plating of food in expensive restaurants is well beyond us and don't usually give it a try at home. Hopefully that ends now. Thanks to Scott, we are better equipped to present our food in a professional manner. A private chef who will cook for your events or take specific orders, Scott demonstrated some simple, easy to do at home, techniques that will impress your family and friends.



Potluck Brunch

Friday 6th November

Kamini has kindly volunteered her home (Hillcrest Park Apartments, near Phoenix) for our next brunch starting from 11am. Please confirm to Kamini your attendance and liaise with her on what to bring.

Nov Meeting

Friday 20th Nov



DIWALI BRING & SHARE

Show-off your favourite Indian outfit by dressing for the day and bring along a favourite food dish to share. You can also bring a favoured friend.

Dec Meeting

Friday 18th Dec

We are planning something special so look out for details soon.



Message us on WhatsApp

You will get details of our activities and 'just in time' reminders from our WhatsApp group so if you are not already signed up, contact Sara to opt in.

...annis horribilis...

For many of us, 2020 would definitely deserve the term “annis horribilis” (to steal the words of Queen Elizabeth 11). In Mauritius we were quite well insulated from the Covid 19 global pandemic and although it disrupted our lives, it did not engender the fear and panic that many societies experienced. Obviously, it brought hardship and restrictions. We have not been able to travel and many of us have felt distanced from loved ones. Some of us have lost jobs or are struggling to maintain our business. We worry about our loved ones overseas and wonder how we can protect them.

However, just as we felt some relief and were getting our lives and routines back on track after lockdown, the MV Wakashio ran aground bringing its own political, economic, environmental and social damage for Mauritians. Though the government were slow to react, the people of Mauritius took up the slack and came together to protect their environment.

It is not surprising that many of us feel stressed and are operating in “crisis mode” more attuned to the noise around us and with heightened emotional responses. So you will be happy to hear help is at hand. The caring and sharing season is now upon us - first with Thanksgiving, then Diwali in November and Christmas in December - and psychologist say that helping others, especially in a crisis, is a great way to reduce our own stress and help us manage through difficult situations. So take advantage of this season to give yourself a boost by caring and sharing. Your committee has arranged a number of opportunities for you to do this over the coming months.



Birthday wishes go out to all of our members who celebrate their birthday in November. You know who you are!!!

raffle

When the world is turned upside down, we often don't know how we should respond.

CARING & SHARING

If you would like to host either a coffee morning, afternoon tea or lunch, please contact Binita and let her know your date and any other information. To donate raffle prizes or make ad-hoc donations contact Rosemarie.

Thankyou ladies for buying tickets in support of this every meeting. Since we were not able to hold a gala dinner event in 2020, our monthly raffle is the main way we raise funds for our charity donations. At our October meeting the prize was donated by Huguette and won by Asha. Rs 1650 was raised.



happy birthday wishes were delivered to Beti and Pam who celebrate their birthdays in October



Thank you for responding to our call for membership fees. In one meeting we moved from only 18 paid-up members to 24. If you are one of those who has not yet paid your 2020 subscription, please contact Rosemarie. Going forward, those who have not paid will be charged a Rs200 guest fee at all future meetings and events.

YOUR 2020 COMMITTEE	NAME	TELEPHONE	EMAIL
CHAIR	Binita Gujadhur	5421 6775	binitagujadhur@hotmail.co.uk
TREASURER	Rosemarie Domaingue	57215286	rosemariedomaingue77@gmail.com
SECRETARY & VICE CHAIR	Sara Grihault	57654463	saragrihaulty@gmail.com
MEMBERSHIP COORDINATION	Kamini Bassant	57557266	kbassant@gmail.com
CO-OPTED	Asha Dabee	59238617	ashadabee@gmail.com
Not elected but assisting on sub committees	Zandre Latimer	Website and Facebook	
	Jane Delorie	Newsletter	